

# menus for March 2024



**Henry County High Schools**

This institution is an equal opportunity provider.

Menus are subject to change.

## Available Daily

### Breakfast (in blue):

Assorted Cereal  
Fresh Apples & Oranges  
100% Fruit Juice  
Choice of Low Fat Milk

### Lunch:

Fresh Apples & Oranges  
Stuffed Crust Pizza  
Chicken Wrap  
Choice of Low Fat Milk

\*Pork products listed in pink.



School Meal Prices	School Breakfast	School Lunch
Students Grades PK-5	\$1.25	\$2.50
Students Grades 6-12	\$1.25	\$2.60
Student Second Meals	\$2.25	\$3.50
MILK ONLY	\$0.50	\$0.50
Adult Visitor	\$2.25	\$3.50

## Featured Specials of the Day

### Friday, March 1

Chicken Biscuit, Assorted Cereal, 1. Stuffed Crust Pizza,  
2. PBJ/Wow Sandwich w/ Chips, 3. Corn Dog,  
Whole Kernel Corn, Garden Salad w/ Ranch,  
100% Fruit Juice

### Monday, March 4

Strawberry Mini Pancakes, Breakfast Bun  
1. Ravioli w/ Roll 2. PBJ/Wow  
Sandwich w/ Chips, 3. Meateaters Pizza  
Whole Kernel Corn, Carrot Sticks w/ Ranch,  
Mandarin Oranges

### Tuesday, March 5

WG Muffin w/ Yogurt, Breakfast Frudel

1. Spicy Chicken Sandwich 2. Chicken Sandwich, 3. Garden  
Salad w/ Chicken, 4. PBJ/Wow Sandwich w/ Chips,  
Potato Tots, Garden Salad, Applesauce

### Wednesday, March 6

Sausage Biscuit, Assorted Cereal,

1. Popcorn Chicken w/ Roll, 2. PBJ/Wow Sandwich  
w/ Chips, Steamed Broccoli,  
Mashed Potatoes, Fresh Apple,

### Thursday, March 7

Breakfast Pizza, Frosted Breakfast Pastry,

1. Beefy Nachos 2. PBJ/Wow Sandwich w/ Chips,  
Salsa, Black Beans, Carrot Sticks w/ Ranch,  
Frozen Juice Cup

### Friday, March 8-Half Day

Chicken Biscuit, Assorted Cereal,

1. Hot Dog Sack Lunch 2. PBJ/Wow Sandwich Sack Lunch  
3. Grab & Go Pizza

**SURF'S UP**  
WITH SCHOOL BREAKFAST™

MARCH 4-8, 2024 | #NSBW24 |  
#SURFSUPWITHSCHOOLBREAKFAST

**TRY BREAKFAST@SCHOOL!**

**DON'T 4GET!**  
Take at least **ONE**  
**FRUIT** or  
**VEGGIE**  
and at least **THREE**  
items total so your meal  
counts as a complete lunch!

## LOCAL HARVEST OF THE MONTH

## FRUIT Strawberries



Strawberries are the most popular berries, and they're nutritious, too. A half-cup of strawberries supplies nearly three quarters of your daily vitamin C and more fiber than a slice of whole wheat bread.

**OF THE MONTH**



## Featured Specials of the Day

**Monday, March 11**

Blueberry Mini Pancakes, Mini Cinnamon Bagels,

1. BBQ Sandwich, 2. Mini Corn Dogs,  
Carrot Sticks w/ Ranch, Baked Beans,  
Sliced Pears

**Tuesday, March 12**

WG Muffin w/ Yogurt, Breakfast Bun

1. Cheeseburger, 2. Deli Turkey Sandwich,  
3. Garden Salad w/ Chicken, Seasoned Fries,  
Celery Sticks, Sliced Peaches

**Wednesday, March 13**

Pancakes & Sausage, Donut Holes, Assorted Cereal,

1. Chicken Nuggets w/ Roll 2. PBJ/Wow Sandwich  
w/ Chips 3. Crisпитos, Salsa, Steamed Broccoli,  
Mashed Potatoes, Fresh Apple

**Thursday, March 14**

Blueberry Pancake Stick, Frosted Breakfast Pastry,

1. Teriyaki Chicken & Rice, 2. PBJ/Wow Sandwich  
w/ Chips, Sweet Peas, Carrot Sticks w/ Ranch  
Frozen Juice Cup

**Friday, March 15**

Chicken Biscuit, Assorted Cereal,

1. Stuffed Crust Pizza, 2. PBJ/Wow Sandwich  
w/ Chips, 3. Corn Dog, 4. Garden Salad w/ Chicken  
Strips, Whole Kernel Corn, Garden Salad w/ Ranch,  
Carrot Sticks w/ Ranch, 100% Fruit Juice

**EAT BETTER. PLAY HARDER.  
LIVE HEALTHIER. LEARN EASIER.**

**WELLNESS IS A WAY OF LIFE!**

## Featured Specials of the Day

**Monday, March 18**

Strawberry Mini Pancakes, Breakfast Bun

1. Crisпитos 2. MaxSnax Tacos, 3. PBJ/Wow Sandwich  
w/ Chips Salsa, Black Beans, Carrot Sticks w/ Ranch,  
Pineapple Tidbits

**Tuesday, March 19**

WG Muffin w/ Yogurt, Apple Cinnamon Toast

1. Sloppy Joe Sandwich 2. Spicy Chicken Sandwich,  
3. Garden Salad w/ Chicken, Garden Salad w/ Ranch,  
Potato Tots, Applesauce

**Wednesday, March 20**

Sausage Biscuit, Assorted Cereal,

1. Chicken Alfredo w/ Roll, 2. PBJ/Wow Sandwich  
w/ Chips 3. Popcorn Chicken w/ Roll, Steamed  
Broccoli, Mashed Potatoes, Fresh Apple

**Thursday, March 21**

Mini Pancake Wraps, Frosted Breakfast Pastry,

1. Chicken & Waffles 2. PBJ/Wow Sandwich  
w/ Chips, Sweet Potato Fries, Celery Sticks w/ Ranch  
Frozen Juice Cup

**Friday, March 22**

Chicken Biscuit, Assorted Cereal, 1. Stuffed Crust Pizza,  
2. PBJ/Wow Sandwich w/ Chips, 3. Hot Dog, Whole  
Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice

## Featured Specials of the Day

**Monday, March 25**

Blueberry Mini Pancakes, Mini Cinnamon Bagels,

1. BBQ Sandwich, 2. Mini Corn Dogs, Carrot Sticks  
w/ Ranch, Baked Beans, Fresh Strawberries

**Tuesday, March 26**

WG Muffin w/ Yogurt, Breakfast Frudel

1. Cheeseburger, 2. Deli Turkey Sandwich,  
3. Garden Salad w/ Chicken, Seasoned Fries,  
Celery Sticks, Sliced Peaches

**Wednesday, March 27**

Sausage Biscuit, Assorted Cereal, 1. Chicken Nuggets  
w/ Roll 2. PBJ/Wow Sandwich w/ Chips Steamed  
Broccoli, Mashed Potatoes, Fresh Apple

**Thursday, March 28**

Breakfast Pizza, Frosted Breakfast Pastry,

1. Orange Chicken & Rice, 2. PBJ/Wow Sandwich w/ Chips,  
Sweet Peas, Carrot Sticks w/ Ranch Frozen Juice Cup

**Friday, March 29**

Chicken Biscuit, Assorted Cereal, 1. Stuffed Crust

Pizza, 2. PBJ/Wow Sandwich w/ Chips, 3. Corn Dog,  
4. Garden Salad w/ Chicken Strips, Whole Kernel Corn,  
Garden Salad w/ Ranch, Carrot Sticks w/ Ranch,  
100% Fruit Juice

**LINQ Connect**

Online School Meal Payment Portal

**SPRING BREAK**

**NO SCHOOL:  
APRIL 1ST-5TH**